



# Discoveryland News



I am falling in love with Fall! There is something about the seasons, and how we are still able to see changes even here in California. I remember taking a trip back east. Oh the Fall season is so beautiful. So many shades of orange and yellow...deep reds and maroon. The air even smelled different. There was a briskness in the way people walked around, and the mood was just different. We **don't quite get that here, but it is** still lovely to see the leaves changing and the temperature drop a bit. So Happy Fall to our school family and I hope it brings a new attitude to your lives.



Thank you for those of you who came out to the New Family Orientation. It is always nice to get to know you better while also giving you important information about our center. October finds us really busy with 3 things going on. I will share with you here, but also keep the important dates box available for you to check so we **don't miss all the important days.** October 3-7 is re-registration week. Please check with the office if you are a part of the group of parents who will need to do this. We are closed on October 10. Please plan on alternate day care for this day.



Picture Day is on the 20th. Your home room teachers will send more information with the

homework folders. If your child does not attend on that day and you would like pictures, please plan on coming in and sitting with them until they are done. I will try very hard to get you in as soon as you get here.



I hope we are able to go for a fall field trip this year. So far, no luck. Many places are far away. Others are booked up or have closed over the pandemic and are no longer open. We may have to plan on a place where your family will meet us there if we cannot lock down a group rate with a pumpkin farm nearby. I will keep you posted if things change.

Just a reminder that our school day is full of learning and fun. If your child misses most of the morning, they miss out on all the activities with their teacher and classmates. Please arrive to school on time. We will not allow entrance after 10:30, unless it is a scheduled appointment and we know in advance that your child will be late to school. Half Day students must be here by 9:00 AM. Full day students have a grace period, but not too late. Put yourself in the **child's shoes.** If your day consisted of coming late, eating lunch then napping, and maybe doing one of the projects after nap, it does not make for a very eventful day let alone fun. So please make sure they are able to take full advantage of what we have to offer them. Thank you for allowing us to care for your smart and constantly changing little people. We love what we do and having you as a part of our school family just

makes it that much sweeter. We are truly blessed.

**Ms. Penny Corpus, Director**



Dates to Remember	
October 3-7	Re-registration Week
10	Columbus Day Holiday School Closed
20	Picture Day



**12 WILLIAM LAM**  
**26 MS. ESPIE**

Discoveryland  
Preschool

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Penny Corpus, Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Kix Cereal, Blueberries &amp; 1% Milk</p> <p><i>Ravioli w/ Alfredo Sauce, Soy Beans, Garlic Bread, Oranges &amp; 1% Milk</i></p> <p>*Belvita Crackers, Yogurt &amp; Apple Juice</p>	<p>4 Pancakes, Strawberries &amp; 1% Milk</p> <p><i>Cheese Flautas, Green Beans, Spanish Rice, Watermelon &amp; 1% Milk</i></p> <p>*Whole Wheat &amp; Cranberry Juice</p>	<p>5 *Cinnamon Toast, Papayas &amp; 1% Milk</p> <p><i>Beef Tortas, Lettuce &amp; Tomatoes, Apples &amp; 1% Milk</i></p> <p>Graham Crackers &amp; Pineapple Juice</p>	<p>6 Egg &amp; Cheese English Muffins, Mangos &amp; Milk</p> <p><i>Beef Stir Fry, Broccoli, *Steamed Rice, Pineapples &amp; 1% Milk</i></p> <p>Pita Bread Sandwiches &amp; Grape Juice</p>	<p>7 Corn Chex Cereal, Bananas &amp; 1% Milk</p> <p><i>Cheese Pizza, French Fries, Honey Dews &amp; 1% Milk</i></p> <p>*Wheat Thins Crackers &amp; Orange Juice</p>
<p>10</p> <p><b>Columbus Day</b></p> <p><b>Discoveryland Closed</b></p>	<p>11 *French Toast, Papayas &amp; 1% Milk</p> <p><i>Cheese Quesadilla, Soy Beans, Spanish Rice, Oranges &amp; 1% Milk</i></p> <p>Ritz Crackers &amp; Apple Juice</p>	<p>12 Waffles, Strawberries &amp; 1% Milk</p> <p><b>Chik'n Nuggets,</b> *Strawberry Jam <i>Sandwiches, Carrots, Green Apples &amp; 1% Milk</i></p> <p>Animal Crackers &amp; Cranberry Juice</p>	<p>13 Egg &amp; Cheese Croissant, Mangos &amp; 1% Milk</p> <p><i>Teriyaki Hamburger, Broccoli, Steamed Rice, Watermelons &amp; 1% Milk</i></p> <p>*Whole Wheat Crackers &amp; Orange Juice</p>	<p>14 Cheerios, Bananas &amp; 1% Milk</p> <p>*Grill Cheese Sandwich, Tater Tots, Cantaloupes &amp; 1% Milk</p> <p>Vanilla Wafers &amp; Grape Juice</p>
<p>17 Kix Cereal, Blueberries &amp; 1% Milk</p> <p><i>Spaghetti w/ Marinara Sauce, Tossed Salad, Garlic Bread, Watermelons &amp; 1% Milk</i></p> <p>*Wheat Thins Crackers &amp; Orange Juice</p>	<p>18 *Cinnamon Toast, Strawberries &amp; 1% Milk</p> <p><i>Haystacks, Corn, Spanish Rice, Beans, Honey Dews &amp; 1% Milk</i></p> <p>Animal Crackers &amp; Cranberry Juice</p>	<p>19 Blueberry Muffins, Mango &amp; 1% Milk</p> <p><b>Chik'n ABC Soup,</b> Cheese *Sandwiches, <i>Peas &amp; Carrots, Apples &amp; 1% Milk</i></p> <p>Ritz Crackers &amp; Apple Juice</p>	<p>20 Bagels w/ Cream Cheese, Papayas &amp; 1% Milk</p> <p><b>Orange Chik'n,</b> Broccoli, *Steamed Rice, <i>Cantaloupes &amp; 1% Milk</i></p> <p>Goldfish Crackers &amp; Grape Juice</p>	<p>21 *Raisin Bran Cereal, Peaches &amp; 1% Milk</p> <p>*Hot Dogs, French Fries, Pineapples &amp; 1% Milk</p> <p>Ritz Crackers &amp; Pineapple Juice</p>
<p>24 Cheerios, Peaches &amp; 1% Milk</p> <p><i>Penne Pasta w/ Marinara Sauce, Carrots, Garlic Bread, Honey Dews &amp; 1% Milk</i></p> <p>*Belvita Crackers &amp; Apple Juice</p>	<p>25 *French Toast, Papayas &amp; 1% Milk</p> <p><i>Cheese Enchilada, Corn, Spanish Rice, Refried Beans, Apples &amp; 1% Milk</i></p> <p>Vanilla Wafers &amp; Cranberry Juice</p>	<p>26 Pancakes, Strawberries &amp; 1% Milk</p> <p><i>Cheese Beef Salad Wrap, Oranges, Celery &amp; 1% Milk</i></p> <p>*Whole Wheat Crackers &amp; Orange Juice</p>	<p>27 Egg &amp; Cheese English Muffins, Mangos &amp; 1% Milk</p> <p><i>Turkey Strips, Broccoli, *Steamed Rice, Pineapples &amp; 1% Milk</i></p> <p>Pita Bread Sandwiches, Grape Juice</p>	<p>28 Kix Cereal, Bananas &amp; 1% Milk</p> <p>*BLT Sandwiches, French Fries, Watermelons &amp; 1% Milk</p> <p>Graham Crackers &amp; Pineapple Juice</p>
<p>31 *Raisin Bran Cereal, Blueberries &amp; 1% Milk</p> <p><i>South of Border Pasta, Soy Beans, Garlic Bread, Oranges &amp; 1% Milk</i></p> <p>Animal Crackers, Yogurt &amp; Grape Juice</p>				

\* (WGR) Whole Grain – Rich food item. Examples below:

- \* Whole grain bread
- \* Brown rice
- \* Whole grain tortilla
- \* Whole grain cereal

\* We serve only 100% juices at our center