



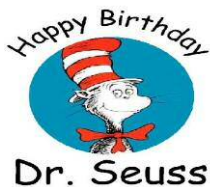
March

2017

Discoveryland News

hello March!

March has roared in like a lion with all the wind and rain and flooding! It has been incredible to watch it all unfold. From the excitement of rain filling up our lakes and reservoirs, to our mountains covered with snow, now we are getting weary of it. But the damage from wind and flooding has hit some of our school families and we are keeping them and everyone else in our prayers. This too shall pass, and I still consider it a blessing. Thank you for your little blessings that come to our school, raining down their smiles, and love onto us daily. We appreciate you being a part of our school family. This month we have a few important things going on.



Dr. Seuss is having a birthday on March 2 and we will be celebrating! Please dress your child in red and white as we celebrate this fun and wacky day at preschool. Each classroom will be doing different activities so be sure to check with your child's teacher to see what they have planned.

Just a reminder to change your clocks ahead one hour on March 12th. It's time to get into spring!

March 17 is our GREEN DAY! Be sure to wear some green to keep away those little pinchers!

March 24 is spring picture day. The photographer will begin at 7:30am and will continue until around 11am. In addition to their regular spring portraits, the Pre-K graduating students will have their photos taken in their cap/gown. If your child is graduating, please bring them a little earlier as their photo session will take a little longer.



Vision Screening with the Elks Club is on March 30th. We will have more information coming soon.

Reading awards will be given out at our Reading Chapel on March 31st. Our reading challenge started February 21st and will run until March 24th. We will be rewarding each child for their efforts in reading and will receive a prize no matter how many or how few books they read. We want to be sure we reward them for their effort and encourage and show them how much we love that they are reading!

Please remember to check the important date's box for other days to remember. Have a blessed month.

Ms. Penny Corpus, Director



Dates to Remember

March

- 2 Dr. Seuss Day/Read Across America
- 17 Green Day
- 24 Picture Day
- 30 Vision Screening
- 31 Reading Awards Chapel at 10am

April

- 6 Trike-a-thon
- 10-14 Week of the Young Child
- 17-28 Parent/Teacher Conference Week
- 30 Spring Fling



- 8 Arianna Cadiz (rm 2)
- 11 Fiona Vo (rm 5)
- 25 Kaia Ramirez (rm 2)
- 26 Victoria Chang (rm 1)
- 27 Jewel Yudistira (rm 5)
- 29 Sophie Ghimire (rm 5)
- 30 Victoria Alexandrov (rm 1)
- 31 Nicholas Sahs (rm 2)

Discoveryland Preschool

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Penny Corpus, Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mini Muffins, Fresh Fruit & Milk Chik'n Salad Wrap, Cucumber, Fresh Fruit, & Milk Triscuit Crackers & Mango Juice	2 French Toast, Fresh Fruit, & Milk Mac' & Cheese, Big Franks, Green Beans, Fresh Fruit, & Milk Wheat Thins & Grape Juice	3 Raisin Bran Cereal, Fresh Fruit, & Milk <i>Fishless Fillet Sandwich, Tater Tots, Fresh Fruit, & Milk</i> Goldfish Crackers & Orange Juice
6 Cheerios, Fresh Fruit, & Milk <i>Penne Rigate Pasta w/Alfredo Sauce, Toss Salad, Garlic Bread, Fresh Fruit, & Milk</i> Ritz Cheese Dip Crackers & Cranberry Juice	7 Pancakes, Stripples, Fresh Fruit & Milk <i>Cheese Enchiladas, Spanish Rice, Beans, Corn, Fresh Fruit, & Milk</i> Triscuit Crackers & Orange Juice	8 Egg & Cheese Burritos, Fresh Fruit, & Milk <i>Hamburger Steak, Mashed Potato, Whole Wheat Bread, Fresh Fruit, & Milk</i> Graham Crackers, Milk & Apple Juice	9 Bagels w/Cream Cheese, Fresh Fruit, & Milk Chik'n Chow Mein, Peas & Carrots, Fresh Fruit, & Milk Granola, Fruit Yogurt, & Grape Juice	10 Corn Chex Cereal, Fresh Fruit, & Milk <i>BLT Stipples Sandwich, Curly Fries, Fresh Fruit, & Chocolate Milk</i> Ritz Crackers & Mango Juice
13 Raisin Bran Cereal, Fresh Fruit, & Milk <i>South of the Border Pasta, Green Salad, Sliced Bread, Fresh Fruit, & Milk</i> Pita Bread w/Jam & Apple Juice	14 Waffles, Fresh Fruit, & Milk <i>Flautas, Spanish Rice, Beans, Corn, Fresh Fruit, & Milk</i> Animal Crackers, Milk, & Cranberry Juice	15 Cinnamon Toast, Fresh Fruit, & Milk <i>Tortas, Green Beans, Wheat Bread, Fresh Fruit, & Milk</i> Ritz Cheese Dip Crackers & Cranberry Juice	16 English Muffins, Fresh Fruit, & Milk <i>Teriyaki Hamburger, Steam Rice, Mix Vegetables, Fresh Fruit, & Milk</i> Animal Crackers, Milk & Cranberry Juice	17 Cheerios, Fresh Fruit, & Milk <i>Hot Dogs, Tater Tots, Fresh Fruit, & Milk</i> Wheat Thins & Orange Juice
20 Corn Chex Cereal, Fresh Fruit, & Milk <i>Alfredo Linguini, Green Beans, Garlic Bread, Fresh Fruit, & Milk</i> Granola Bars, Yogurt, & Grape Juice	21 Pancakes, Scramble Eggs, Fresh Fruit, & Milk <i>Tostaditas, Corn, Spanish Rice, Fresh Fruit, & Milk</i> Vanilla Wafers, Milk, & Apple Juice	22 Mini Muffins, Fresh Fruit & Milk <i>ABC Soup, Chik'n Sandwich, Peas & Carrots, Fresh Fruit, & Milk</i> Granola Bars, Yogurt, & Cranberry Juice	23 Bagel w/Butter, Fresh Fruit, & Milk Chik'n Divan, Peas & Carrots, Bread Rolls, Fresh Fruit, & Milk Wheat Thins Crackers & Cranberry Juice	24 Raisin Bran Cereal, Fresh Fruit & Milk <i>Pizza w/Sausage, Curly Fries, Fresh Fruit, & Milk</i> Cheese-it Crackers & Orange Juice
27 Cheerios, Fresh Fruit, & Milk <i>Spaghetti w/Marinara Sauce, Toss Salad, Sliced Bread, Fresh Fruit, & Milk</i> Vanilla Wafers, Milk, & Apple Juice	28 Waffles, Fresh Fruit, & Milk <i>Cheese Quesadilla, Spanish Rice, Fresh Fruit, & Milk</i> Triscuit Crackers & Orange Juice	29 English Muffins, Fresh Fruit, & Milk <i>Corn Dogs, Broccoli, Fresh Fruit, & Milk</i> Ritz Crackers & Mango Juice	30 Mini Muffins, Fresh Fruit, & Milk Fried Rice w/Egg, Turk'y Strips, Mix Vegetable, Fresh Fruit, & Milk Pita Bread w/Jam & Mango Juice	31 Corn Chex, Fresh Fruit, & Milk <i>Cheese Burger, Tater Tots, Fresh Fruit, & Chocolate Milk</i> Wheat Thins & Grape Juice

MARCH Is...

- **National Nutrition Month:** Enjoy foods from all 5 food groups. Variety is fun and good for you!
- **National Poison Prevention Week (19-25):** Keep all medicines, vitamins and cleaning products out of children's reach or in a locked cabinet.
- **National Peanut Month:** Peanuts are legumes, not nuts, and are also called goobers! They are a good source of folate and protein.

Buy local and organic products whenever possible.



Jump-Start Spring...

- Try a new fruit or veggie.
- Enjoy some sunshine and use your sunscreen!
- Shake off winter and S-T-R-E-T-C-H! Clean up your cupboards and check for expired foods.
- Up your activity level – start with 10 extra minutes/day.
- Grow something – herbs, greens, or tomatoes are easy!
- Smile – it makes you feel good!